

The Flowers Of The Forest

Scottish Folk Tune

Adagio

Musical notation for measures 1-4. The piece is in G major (one sharp) and 6/8 time. Measure 1 starts with a repeat sign. Measure 2 contains a triplet of eighth notes. Measure 3 contains a triplet of eighth notes. Measure 4 contains a triplet of eighth notes. Fingerings are indicated by numbers 1, 2, 3, 4, and 0 (open string). A slur covers the first two measures, and another slur covers the last two measures.

Musical notation for measures 5-8. Measure 5 contains a triplet of eighth notes. Measure 6 contains a triplet of eighth notes. Measure 7 contains a first ending bracket. Measure 8 contains a second ending bracket. Fingerings are indicated by numbers 1, 2, 3, 4, and 0. A slur covers measures 5-6, and another slur covers measures 7-8.

Musical notation for measures 9-13. Measure 9 contains a triplet of eighth notes. Measure 10 contains a triplet of eighth notes. Measure 11 contains a triplet of eighth notes. Measure 12 contains a triplet of eighth notes. Measure 13 contains a triplet of eighth notes. Fingerings are indicated by numbers 1, 2, 3, 4, and 0. A slur covers measures 9-10, and another slur covers measures 11-13.

Musical notation for measures 14-17. Measure 14 contains a triplet of eighth notes. Measure 15 contains a triplet of eighth notes. Measure 16 contains a triplet of eighth notes. Measure 17 contains a triplet of eighth notes. Fingerings are indicated by numbers 1, 2, 3, 4, and 0. A slur covers measures 14-15, and another slur covers measures 16-17.

Musical notation for measures 18-21. Measure 18 contains a triplet of eighth notes. Measure 19 contains a triplet of eighth notes. Measure 20 contains a triplet of eighth notes. Measure 21 contains a triplet of eighth notes. Fingerings are indicated by numbers 1, 2, 3, 4, and 0. A slur covers measures 18-19, and another slur covers measures 20-21.

Musical notation for measures 22-25. Measure 22 contains a triplet of eighth notes. Measure 23 contains a triplet of eighth notes. Measure 24 contains a triplet of eighth notes. Measure 25 contains a triplet of eighth notes. Fingerings are indicated by numbers 1, 2, 3, 4, and 0. A slur covers measures 22-23, and another slur covers measures 24-25.

2

26

Musical notation for measures 26-29. Measure 26: Treble clef, key signature of two sharps (F# and C#), 3/8 time signature. Notes: quarter note (1), quarter note (2), quarter note (4), quarter note (4). Bass clef: quarter note (0), quarter note (0). Measure 27: Treble clef, quarter note (4), quarter note (2), quarter note (1), quarter note (4), quarter note (4), quarter note (2). Bass clef: quarter note (1), quarter note (2), quarter note (1), quarter note (1), quarter note (0), quarter note (0). Measure 28: Treble clef, quarter note (1), quarter note (4), quarter note (4), quarter note (2). Bass clef: quarter note (0), quarter note (0), quarter note (1), quarter note (3). Measure 29: Treble clef, quarter note (0), quarter note (2), quarter note (3), quarter note (0), quarter note (2), quarter note (0). Bass clef: quarter note (0), quarter note (0), quarter note (1), quarter note (2), quarter note (0), quarter note (0).

30

Musical notation for measures 30-33. Measure 30: Treble clef, quarter note (1), quarter note (3), quarter note (1), quarter note (0), quarter note (1), quarter note (2). Bass clef: quarter note (0), quarter note (0), quarter note (0), quarter note (0). Measure 31: Treble clef, quarter note (0), quarter note (1), quarter note (2), quarter note (0), quarter note (1), quarter note (2). Bass clef: quarter note (0), quarter note (0), quarter note (0), quarter note (0). Measure 32: Treble clef, quarter note (0), quarter note (1), quarter note (2), quarter note (0), quarter note (1), quarter note (2). Bass clef: quarter note (0), quarter note (0), quarter note (0), quarter note (0). Measure 33: Treble clef, quarter note (1), quarter note (0), quarter note (1), quarter note (2), quarter note (2). Bass clef: quarter note (0), quarter note (0), quarter note (0), quarter note (0).

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Adagio

1 A

Musical notation for measures 1-4. The treble clef staff shows a melody in G major (one sharp) and 6/8 time. Measure 1 starts with a repeat sign. Measure 2 has a triplet of eighth notes. Measure 3 has a triplet of eighth notes. Measure 4 has a triplet of eighth notes. The bass clef staff shows guitar tablature with fret numbers and bar lines.

T	0	2	2	4	2	0	2	3	0	2	3	2	0	3	0	3	(3)	0	2	0
A																				
B					(0)										(0)					

5

Musical notation for measures 5-8. Measure 5 has a triplet of eighth notes. Measure 6 has a triplet of eighth notes. Measure 7 has a first ending bracket. Measure 8 has a second ending bracket. The bass clef staff shows guitar tablature.

T	2	2	4	2	0	2	3	0	2	3	2	0	2	3	3	3	0	3	3
A																			
B	0			(0)											(0)				(0)

10 A

Musical notation for measures 9-12. Measure 9 has a triplet of eighth notes. Measure 10 has a triplet of eighth notes. Measure 11 has a triplet of eighth notes. Measure 12 has a triplet of eighth notes. The bass clef staff shows guitar tablature.

T	2	2	5	3	2	0	2	0	3	(3)	2	(2)	5	3	0	3	(3)	0	2	0
A																				
B	0				(0)										(0)					

14

Musical notation for measures 13-16. Measure 13 has a triplet of eighth notes. Measure 14 has a triplet of eighth notes. Measure 15 has a triplet of eighth notes. Measure 16 has a triplet of eighth notes. The bass clef staff shows guitar tablature.

T	2	2	5	3	2	0	2	0	3	(3)	2	(2)	5	2	3	3	0			
A																				
B	0				(0)										(0)					

2

18

D G A D D Em G D

TAB

2	5	(5)	5	5	3	2	5	5	3	2	0	0	3	0	3	(3)	2
3			0							3	0	0	2	0	0		0
2			0							2	0	0	4	0	0		0
0			0		0				0	0	0	0					0

22

D G A Bm7 D A7 D

TAB

2	5	(5)	5	5	3	2	5	5	3	2	0	0	2	3	3	0
3			0							3	2	0	2	0	0	0
2			0							2	0	0	0	0	0	0
0			0		0		2		0	0	0	0	0	0	0	0

26

D G A D D Em G A

TAB

2	5	(5)	5	5	3	2	5	5	3	2	0	0	3	0	3	(3)	0	2	0
3			0							3	0	0	2	0	0	0	2	0	0
2			0							2	0	0	4	0	0	0	2	0	0
0			0		0				0	0	0	0					0	0	0

30

D A

TAB

2	2	4	2	0	2	3	0	2	3	2	0	2	3	3	3
0										0	0	0	0	0	0
			(0)							0				(0)	(0)

Practice Tips

The 7 Steps to Learn Any Piece

1. Make small sections
2. Know all the notes and musical markings
3. Clap and count the rhythm aloud
4. Play the right hand alone, counting aloud
5. Play the left hand alone, counting aloud
6. Play hands together, pausing when needed (no mistakes, counting aloud)
7. Play hands together in rhythm, with a slow metronome, counting aloud

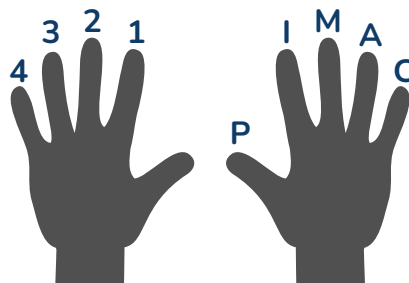
Musical Expression Starting Points

1. Know which notes are melody (probably stems up), and play the others quieter
2. Connect melody notes smoothly (no gaps)
3. When a musical line or melody goes up in pitch, get quieter towards the top (opposite at climaxes)
4. Don't let the high notes stand out (any note higher than those before and after)
5. When a melody or musical line goes down in pitch, get louder to create forward momentum
6. Repeated notes get louder (start quiet if you need to)
7. Before slowing down or speeding up (rubato), master it at a steady pace

Tips for Good Practice

1. For tricky spots, describe the problem in detail: Where, what, how? Ask, "What's going on here?"
2. Memorize every piece (even if you don't, you'll learn it faster if you try)
3. Have a clear purpose and goal for each repetition (rote repetition is lazy practice)
4. Record yourself often. Listen or watch to decide what to practice next

Fingering Notations



Hello!



Hi, I'm Allen Mathews.

As a teacher who's helped thousands of classical guitarists, I'm delighted to share this sheet music with you.

Many players struggle with playing fluently and error-free. The methods here have helped many move from stale, plodding practice to more vibrant and engaged music-making.

As a beloved mentor liked to say, "*How you practice is how you play!*"

Strong fundamentals define your playing at every level. For guitarists seeking a different approach to the craft of classical guitar, my program offers a uniquely structured way to fill any gaps, polish your playing, and ensure steady progress.

[Click here to transform your playing.](#)

Wishing you all the best in your music,
Allen Mathews